

BARENAKED LADIES

Announce New Album *In Flight* Out September 15

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New LP Coincides With 25th Anniversary of
BNL’s Massive Hit “One Week”



'In Flight' Album Art | Hi-res version [here](#)

(August 18, 2023 - Toronto, ON) Today, famed multi-Platinum rockers **Barenaked Ladies** announce their highly anticipated new album, *In Flight*, will be released on **September 15** and share their newest single + video, “[One Night](#)”. Brimming with 14 vibrant tracks, the band's 18th studio album seamlessly captures the hallmark playfulness and astute observation that have earned BNL global renown, and artfully juxtaposes those signature elements against a contemplative, philosophical backdrop that converges into a resounding impression of growth and wisdom gained. In tandem with the release, Barenaked Ladies will commemorate the silver jubilee of their chart-dominating, pop-culture-defining smash, "One Week".

Available for pre-order as of today, exclusive D2C packages are available to include items such as *In Flight* on CD, cassette (a nod to BNL’s 1991 independent, platinum, 5-song cassette EP, *The Yellow Tape*), 180 gram coloured double vinyl with two bonus tracks, a flight jacket, duffle bag and even a cassette player – **all available for pre-order** [here](#).

With their latest peek into the upcoming album, the band addresses the unique relationship they have always had with their fans. BNL's **Ed Robertson** says that the song addresses *"the magical connection that happens between a whole audience and a band. When it goes right—which it almost always does—for that 'One Night' it's a very intense connection."* The driving single is paired with a colourful video directed by **Phil Harder** (who previously directed six of BNL's previous videos, including "[Pinch Me](#)") which celebrates the magic that happens when two people connect.

[Watch the "One Night" Music Video Here](#)



(screenshot from "One Night" video)

After more than three decades as the lead singer and guitarist for Barenaked Ladies, Ed Robertson has a routine when it comes time to start writing songs for a new album. *"I tend to get ideas while I'm driving up to the lake,"* he says. *"I record voice memos along the way, and then I mix and match the various ideas I've come up with. On a typical drive, I'm happy if I get six or seven—eight ideas would be a good drive. For this album,"* he continues, *"on my first writing trip I had 21 different song ideas. I sat down to write, and I thought if I could finish one of them—get the verses, get the bridge, get the chorus in one day—then I'll know this whole writing period is going to be good. And I finished eight songs. I sat down at 10 in the morning, and I looked up at 9:30 and I hadn't eaten, I hadn't moved from the writing table. It was exciting. I've never felt that before."*

Produced by Grammy and JUNO-award winning producer **Eric Ratz** and recorded at **Noble Street Studios** in Toronto, Barenaked Ladies' upcoming new album *In Flight* marks a new chapter for the band. Maybe it's just the passage of time, maybe the joy of getting back on the road after the COVID lockdown, but Ed Robertson has noticed a change in his own attitude which adjusted his tone on the new project. While BNL's last album, 2021's *Detour de Force*, looked closely at the perils of contemporary, alternate reality media, *In Flight* offers a sense of joy and appreciation for life.

In addition to the eight songs written/co-written by Ed Robertson, the album features four songs from Kevin Hearn, (two of which are love letters to Toronto: "See the Tower" and "The Peace Lady") and two from Jim Creeggan, ("Just Wait" and "Wake Up). The album also features co-writers such as **Kevin Griffin (Better Than**

Ezra), who co-wrote "One Night" and "Lovin' Life" (the latter with **Thirty Seconds to Mars' Steve Aiello**), as well as notable Canadian musicians **Max Kerman (Arkells)** and **Donovan Woods**.

Ed Robertson says, "*We're a band that has committed to being who we are and what we are, and being as good as we can be—doing the best shows we can do, writing the best songs we can write—and we've done it for 35 years. I'm super proud of that.*"

Over the course of 35 years, the beloved quartet has sold over 15 million records worldwide and built up an arsenal of hits such as "If I Had \$1,000,000," "One Week," "Pinch Me" and "The Big Bang Theory Theme." Widely acknowledged as one of the best live acts on the planet, BNL has hosted a cruise, had their own Ben & Jerry's ice cream flavour, and participated in the first-ever "space-to-earth musical collaboration" with astronaut Chris Hadfield. To date, BNL has amassed eight **JUNO Awards**, garnered two GRAMMY nominations and was inducted into the **Canadian Music Hall of Fame** in 2018. **Barenaked Ladies** released their 17th studio album ***Detour de Force*** in 2021 to critical acclaim, hitting **#1** on the Top Alternative chart. The album was produced by JUNO and Grammy award winner **Eric Ratz** and **Mark Howard**.

In Flight Tracklist:

1. Lovin' Life
2. One Night
3. Enough Time
4. What Do We Need?
5. Just Wait
6. Waning Moon
7. Fifty for A While
8. Too Old
9. See the Tower
10. Wake Up
11. Clearly Lost
12. The Dream Hotel
13. I Am Asking You To
14. The Peace Lady

Barenaked Ladies Live Dates:

09/08 - Omaha, NE @ Shadow Ridge Country Club (Shadow Ridge Music Festival)

09/22 - Cincinnati, OH @ The Banks (Kroger Wellness Festival)

12/01 - Orillia, ON @ Casino Rama

12/02 - Orillia, ON @ Casino Rama



Photo Credit: Matt Barnes | Hi-res version [here](#)

Barenaked Ladies are:

Tyler Stewart (drums, vocals), Kevin Hearn (keyboards, guitar and vocals),
Ed Robertson (guitar, vocals), and Jim Creeggan (bass, vocals)

Recent Praise for Barenaked Ladies:

*"'Lovin' Life' features an upbeat, summer-friendly melody alongside uplifting lyrics that find light in the darkness of the world." - **American Songwriter***

*"[Barenaked Ladies are] known for a freestyle, go-where-the-music-takes-you approach in their live shows they tend to enjoy as much as the fans." - **Forbes***

*"The big hits still hit big." - **The Atlanta Journal-Constitution***

*"['Lovin' Life' is] the perfect summer jam" - **MXDWN***

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