

For Immediate Release

**SPIRITBOX**  
**Announce New EP**  
**THE FEAR OF FEAR**  
**Out November 3rd via Rise Records/Pale Chord**  
**Pre-Order Now [HERE](#)**

**DROP NEW SINGLE & VIDEO**  
**“JADED”**  
**Stream [HERE](#) | Watch [HERE](#)**



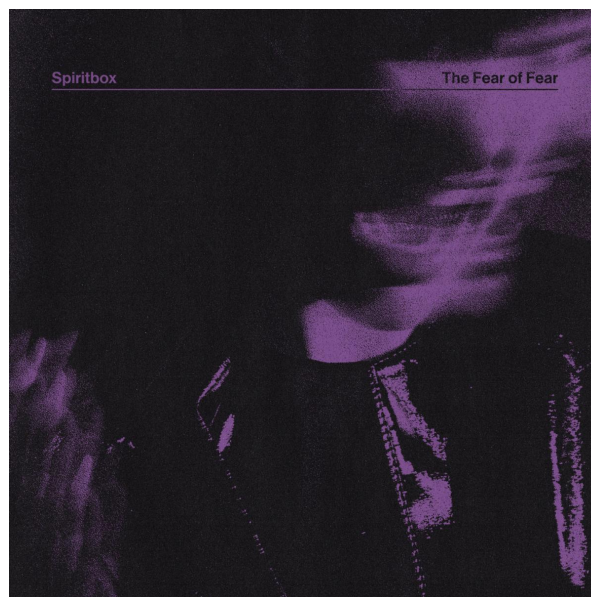
**Spiritbox Shot By Jonathan Weiner | [Download Here](#)**

(August 25th, 2023) - Two-time **JUNO**-nominated Canadian heavy metal band **Spiritbox** have announced their brand new EP, *The Fear of Fear*, today. Set for release on **November 3rd** via **Rise Records/Pale Chord**, *The Fear of Fear* is highlighted by a new single, “Jaded” and its accompanying cinematic music video. Listen [HERE](#) and watch the official music video [HERE](#). Fans can pre-order *The Fear Of Fear* now [HERE](#).

*The Fear of Fear* builds on the bands momentum from their massively successful 2021 JUNO-nominated debut album *Eternal Blue*, which hit #1 on the billboard Canadian rock and hard rock charts and dominated critics' year-end lists. The EP features previously released standalone single "The Void " along with 5 new tracks for a total of 6 songs.



**WATCH: Official music video for "Jaded" [HERE](#)**



The Fear of Fear Artwork | Download [HERE](#)

**SPIRITBOX**  
**THE FEAR OF FEAR**  
**TRACK LISTING**

01. Cellar Door
02. Jaded
03. Too Close / Too Late
04. Angel Eyes
05. The Void
06. Ultraviolet

**Spiritbox** will be touring extensively this fall in support of 'The Fear of Fear', having already conquered massive tours in Europe and North America this year. The band recently completed a UK headline run followed by multiple major summer festival shows, and will hit the road for an extensive run of shows across the US with Shinedown and Papa Roach this September/October. Tickets and info [HERE](#).

**About Spiritbox:**

**Spiritbox** are arguably \*the\* hottest band in heavy music. Their debut album, *Eternal Blue*, dropped September of 2021 and rolled in on a global tsunami of critical acclaim, perfect score reviews and features everywhere including Spin, Forbes, Billboard and Alternative Press to multiple front covers including Kerrang!, Metal Hammer, Alternative Press, Rock Sound, Distorted Sound, Pollstar, and Revolver. The album spawned a string of hit singles including "[Holy Roller](#)", "[Constance](#)", "[Circle With Me](#)", "[Secret Garden](#)" and most recently, "[Hurt you](#)". *Eternal Blue* charted #13 Billboard Top 200, #1 Rock, #1 Hard Rock, #1 Vinyl, #2 Internet Albums, #2 Independent, #3 Digital Albums, #3 Album Sales and top 20 of the official charts in Australia (#8), Germany (#17) and UK (#19). To date, *Eternal Blue* has clocked up **244 million streams**.

**Spiritbox** followed the release of *Eternal Blue* with the 3-song Rotoscope EP, in 2022. The title track for which came accompanied by an official music video shot by Max Moore, which has run up over **3.4 million YouTube views**. The EP has clocked up **27 million streams**.

To date, **Spiritbox** have accumulated over **400 million career streams** across platforms and **76.4 million YouTube views**. They were also nominated for 2 JUNO Awards last year for *Breakthrough Group Of The Year* and *Metal/Hard Music Album of The Year* last year.

Find SPIRITBOX Online: [spiritbox.com](https://spiritbox.com)

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